FOR IMMEDIATE RELEASE

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Adult Swim Lessons Offered at NMB Aquatic & Fitness Center

North Myrtle Beach, SC – The North Myrtle Beach Aquatic & Fitness Center will offer Adult Swim Lessons for ages 14 and older on Mondays and Wednesdays, 6:30 p.m.-7:15 p.m., July 8- July 24. Participants can improve their water skills and safety in a comfortable and safe environment while building confidence and having fun.

Swim lesson rates are as follows:

■ Aquatic & Fitness Center Members: $28.00 (6 Classes)
■ Non-Members $40.00 (6 Classes)

For more information, please contact Caroline Freese at (843) 281-3743.

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